

Expectations as a Rookie

Morning

- Show up to work before anyone else 5:45-6am
- Show up to work in your regular clothes. You will change into your uniform at the station you are assigned.
- Prepare unsweet and sweet tea. Learn what each station prefers.
- Start Pot of coffee.
- Make sure kitchen looks clean.
- Check for paper, and flag. If paper is not there remember to check again in 15-30 minutes
- Check laundry.
- Tidy up and clean bathrooms.
- Make sure your gear is ready to be placed on apparatus.
- Put station radio in “Day Mode” at 0630
- Relieve your position only when officer is relieving their position.
- Turn on and check into airpack. If your pack is under 4300psi fill up your pack, and offer to fill up your officers if he needs air.
- Check and sign the drug form. Get your driver to sign secondary medic.
- Run towards radio when morning tone test is done.
- Check TIC, Flashlight, and Gas monitor.
- Stay with gas monitor during BUMP test cause you will forget about it.
- Check out your EMS supplies with inventory sheet.
- Begin to check out every tool, and every compartment of apparatus.
- Check fuel level and start up tools.
- Check for water, and foam.
- Put ice in water cooler.
- Sign off, and run reserve apparatus.
- Once all of your activities are done in the bay. Go inside, and “make the rounds” (check coffee, tea, laundry, dishwasher)

Afternoon

- Goal is to stay busy and make your “rounds” often.
- Study district
- Study protocols
- Practice using equipment on apparatus
- You are not required to cook as a rookie, but ask if they need help. Clean up dishes as they’re dirtied.
- Dishes are your job, always. Unless told otherwise, but even then don’t back away easy.
- Make the table.
- Take the least desirable seat at the table. And don’t watch the T.V.
- Don’t make conversation unless talked to.
- Be last to serve your food.
- Lunch and Dinner is “family time”. Don’t get up until your officer or everyone else gets up from the table.
- Be the first person at the kitchen sink.
- Make 1 pot coffee after lunch, and go back to studying.
- When you need a study break do these things:
 - Check paper towel dispensers
 - Check truck towel laundry
 - Clean off picnic table
 - Organize weight room
 - Check for cups laying around the station or bay
- Put up clean dishes before dinner time.

Evening

- You are not required to cook as a rookie, but ask if they need help. Clean up dishes as they're dirtied.
- Set the table.
- Take the least desirable seat at the table. And don't watch the T.V.
- Don't make conversation unless talked to.
- Be last to serve your food.
- Be the first person at the kitchen sink.
- Sweep
- Mop
- Take out trash
- Wipe down counter tops/table
- Start laundry
- Study
- Put station radio in "Night Mode" at 2100
- Put up clean dishes
- Fold clean laundry

Attitude as a Rookie

- It is always a great opportunity to shut up.
- You are ALWAYS being watched so act like it.
- Never make excuses.
- Show up to work with a positive attitude, and always be polite.
- Yes sir, no sir. Yes ma'am, No ma'am.
- Show eagerness to learn.
- Ask questions.
- Show initiative, and volunteer every opportunity you get.
- You are not here to make friends while a rookie. That will come with time. You are here to prove your worth.
- Offer help.
- Move fast, you are always on a schedule, and something always needs to be done.
- Know your place.
- Give respect to other members of the department.
- Have an open mind. Speak less listen more.
- Don't have sarcastic responses. Period.
- Do any job, nothing is beneath you. Example: cleaning toilets.
- Whenever you don't know what to do.. Just do the right thing.
- Have thick skin
- Listen and value criticism.
- Own up to your mistakes, and learn from them.
- Prove yourself every day, every station, and every shift.

Pearls of Wisdom

- The phone is always for you. Answer it first, and fast.
- The door bell is always for you.
- Don't have your cell phone out
- Don't forget about the flag
- Don't post pictures to social media that aren't pre-approved by the department.
- Get the plugs for the Medics and trucks at fire admin
- It is your job to hand out everything at fire admin
- Always look sharp and presentable
- Never take your gear off unless told by your officer.
- Always wear safety vest on MVA's
- Even on fire alarms don all of your gear. Including your SCBA.
- Must be in your class B uniform from 7am-7pm
- Always come off the truck with a tool
- If you're on scene before the medics get there grab the EMS bags you'll need, monitor, and clip board.
- It is your job to do the MCI's
- Always have a pen on you
- Always stick with your officer on fire scenes, and MVA's
- Always have correct change for food.
- If you don't know how to use something, ASK!
- Know where EVERYTHING is on the fire truck.
- Know how to give a MAYDAY report
- If the BC stops by station 2 top off his ride with fuel.
- If the truck is dirty, clean it
- Pick one thing each day to train on
- If you see a mess, clean it